

Norawas de Raramuri ~ Amigos de Tarahumara ~ Friends of the Running People

Please join us for a talk and presentation by ultrarunner Micah True (aka Caballo Blanco) about the Tarahumara (or *Rarámuri* as they call themselves) - the indigenous people of the Copper Canyon region who are famous for their long distance running tradition.

Micah divides his time between Batopilas, Mexico and Colorado. Over the years he has formed a special connection to the land and people of the *Barrancas del Cobre*. He is the founder and director of the annual Copper Canyon Ultramarathon, a unique race which attracts locals as well as runners from all over the world to compete on hot, rugged trails for cash, corn and the honor of donating their winnings back to the local communities.

In cooperation with the non-profit *Norawas de Rarámuri* Micah works to support and reinvigorate the ancient and unique running culture of the Tarahumara; a tradition that has endured from long before the arrival of the Spanish but is now threatened by the incursion of our modern world into the remote canyons of their homeland.

Micah will give a short talk at the Jemez Mountain Trail Runs pre-race dinner on Friday evening, May 21st at the Crossroads Bible Church. A longer talk and presentation will take place on Sunday, May 23rd at 4:00 pm at the Unitarian Church at 1738 Sage Street. Light refreshments to follow. Entry by donation with all proceeds going to *Norawas de Rarámuri*. Thanks to the Jemez Mountain Trail Runs and the Unitarian Church of Los Alamos for sponsoring this event.

For more information contact Kristine or David Coblenz at 661-4097 or dkcoblenz@yahoo.com.